



Tasting Tuesdays

Last month your child tasted a variety of apples. Macintosh, Gala and Yellow Delicious apples were served. The apples were a hit! Apples have many health benefits and are especially good for the heart. This month we will be serving a healthy homemade trail mix. The mix will consist of cereal, dried cherries, raisins, pretzels, and chocolate chip morsels. This tasting will take place on Tuesday, December 13th. If you would like your child to participate, please sign the permission slip below and return to your child's teacher by Thursday December 8th. Remember your child can always decide not to sample the food on tasting day. **However, without a permission slip, we will not be able to serve them.**

Any questions, concerns or if you would like to help serve.....please contact either Diane Sarrocco at dsarrocco@aol.com or 724-0233 OR Maryellen McCutchensix@aol.com or 780-6594.

PLEASE CUT HERE

December Tasting

Name _____ Teacher _____

Parent's Signature _____ Grade _____

Yes, my child has permission to try the trail mix. (cheerios, dried cherries, raisins, pretzels and chocolate morsels made in a facility that processes milk)

